



**Nine Mile Ride  
School**

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*Learning for life - together we discover, nurture, achieve and shine.  
Respect, Resourcefulness, Resilience, Reflectiveness*

Child's Name: .....

21 June 2018

Dear Parents and Carers

### **Bohunt Bikeability Transition Cycle Event – Weds 4 July 2018**

We have been offered the opportunity for children transferring to Bohunt School to take part in a *Bikeability Transition* event. *Bikeability Transition* is an initiative which helps pupils moving from primary to secondary school to plan a cycle route to their new school. The idea is that pupils plan a safe route and take part in bike a ride led by a qualified Bikeability instructor from their residential area to their new secondary school. **N.B. Pupils taking part must have passed their Level 2 Bikeability training.**

Why was *Bikeability Transition* set up?

#### **Better academic performance**

Studies show that participation in physical activity such as cycling is positively related to academic performance. Children who cycle report feeling more alert when they get to school, and more able to concentrate in class.

#### **Provide pupils with a sustainable and practical way to their new school**

Cycling to school is a green, quick and cheap option for getting to school. Lots of children like cycling and would like to cycle to school. Nearly half of children surveyed by Sustrans in 2010 wanted to cycle to school but only 4% were allowed to by their parents. By helping pupils to find a route to school that suits them, *Bikeability Transition* can boost independence and confidence.

#### **Teach route planning**

*Bikeability Transition* offers a good opportunity to practise route planning and cycling in 'real life' conditions on roads. Pupils will be able to put in practice the skills they have learned through Bikeability and see how useful they can be.

The led ride will take place on the morning of Wednesday 4<sup>th</sup> July, 10.00 – 12noon. The group will be accompanied by Bikeability instructors and a member of Nine Mile Ride staff. There is no charge for the activity, but children will need to bring their own bicycle, helmet, bike lock and waterproof jacket to NMR school on this day.

If you would like your child to participate in this activity, please complete and return the attached parent consent and EV2 forms to the school office by Monday 25<sup>th</sup> June 2018 at the latest. Unfortunately, places are limited therefore, if it is over-subscribed attendees will be drawn through a raffle process.

Yours sincerely  
Mrs Dolton  
Year 5 / 6 Team Leader

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Attached to this form is information regarding an activity. If you wish your child to join in the activity, complete and sign the form and return as indicated in the information.

|                                                                                                                                                                                                  |                                |                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|----------------------|
| School: <b>NINE MILE RIDE PRIMARY SCHOOL</b>                                                                                                                                                     |                                | Class or tutor group |
| Pupil's name                                                                                                                                                                                     |                                | Date of Birth:       |
| Home address:                                                                                                                                                                                    |                                |                      |
| Home telephone no. (incl STD code)                                                                                                                                                               | Other numbers (work or mobile) |                      |
| How could you be most easily contacted in an emergency?                                                                                                                                          |                                |                      |
| Is your child receiving medical treatment at present? If so please give details:                                                                                                                 |                                |                      |
| Please give details of any medical conditions that might affect your child's performance or safety on this activity (please advise of any infectious illness in the 4 weeks prior to departure): |                                |                      |
| Please give your family doctor's name and address:                                                                                                                                               |                                |                      |
| Please add any further information on a separate sheet as necessary.                                                                                                                             |                                |                      |

**Statement**

I acknowledge receipt of the information regarding the proposed activity  
 to... **Bohunt Bikeability Transition Cycle Event**  
 ..  
 on...– **Weds 4 July 2018 at 10.00am – 12noon approx..**

And consent to my child, named above, participating.

I agree to staff giving permission for any emergency treatment that the medical authorities deem necessary. I undertake to inform the school of any changes in my child's fitness prior to departure. I have ensured, as far as I reasonably can, that my child understands that it is important to safety that any rules and instructions given by the staff in charge are obeyed.

I understand that children taking part in offsite events e.g. sporting competitions/ school trips may be photographed by other parents/third parties and unfortunately, this is out of the school's control.

Signed: ..... Date: .....

Please indicate relationship to child: .....





## BIKEABILITY TRANSITION RIDE CONSENT FORM

**SCHOOL: NINE MILE RIDE PRIMARY SCHOOL**

**DATE:** 4<sup>th</sup> July 2018    **TIMES:** 10.00 – 12.00

**Child's name:** .....

**Emergency contact details:**

During a training session I may be contacted by telephoning:

**Home:** .....    **Mobile:** .....

**Work:** .....

Are there any medical conditions you feel we should know about? Please give details

.....

Does your child have a special need? Please give details:

.....

**Declaration**

- I have read the notes about the ride and agree for my child to take part.
- I have understood that part of the ride will take place on public roads.
- I will ensure that my child's bicycle is in a safe, roadworthy condition and that my child will wear a properly-fitting cycle helmet during the ride
- I agree to staff on the activity giving permission for my child to have any medical treatment that the medical authorities think necessary in an emergency.

**Signed:** .....    **Date:** .....

**Name (capitals) and relationship to child:** .....

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